



## PTA All Parent and Teacher Meeting Agenda

December 14, 2020 7:00pm-8:00pm

Google Meeting: <https://meet.google.com/uhr-sxdq-gxd>

Attendees: Dawn Coppinger, Amber Johnson, Channon Timm, Heather Ann Roe, Tyler Kamerman, Theresa Wilson, Rob Burnett, Jessica Kamerman, Tom/Kayla Martens, Abby Darrington, Bethany Crile, Erin Olson-Douglas, Matt Shields, Theresa Wilson, Julie Vogel, Kathleen Feeney, Mary Roth, Mike Stange

### APPROVAL OF AGENDA

Drea Bocook motioned - Abby Darrington seconded

### **AGENDA APPROVED**

### WELCOME & INTRODUCTIONS

### APPROVAL OF NEW Co-PVC - **Amy Licht approved unanimously**

### REPORTS

#### I. Treasurer (Abby Darrington & Rachel Spiller)

- Transitioning from membership dues and activity to the Adopt-a-Teacher campaign
- Started with just over \$18,000
- Received a few more membership dues but still short of budget
- Brought in \$500 this month in box tops, merch, and memberships and activity fees
- Teachers submitting receipts for adopt a teacher
- Each teacher \$200 budget can be anytime but this is particularly this month
- Balance at end of November just over \$14,000

#### II. Original Works Update (Channon Timm)

- \$500 so far.

- Still open and you can upload and order when desired.
- Normally get \$1,000 - \$1,500.
- Maybe ideas for kids moving on from DTS.
- Channon will double-check on when the money will come in for Abby.
- Tanya Keats said that she will run next year.

### III. Special Event Update (Heather Roe)

#### a. Book Fair Reminder

Tonight and tomorrow left for book sale

Look at teacher wish list

If you still want to buy/donate a book we can make a book run

#### b. 2021 Auction

Reach out to PTA members/Auction committee members for donations

April/Beginning of May for Auction

Experiences are a really good idea, not just gift cards and gift baskets

### IV. ABCs of DTS

We will send out ABCs of DTS after a new revision is finalized

### **QUESTION:** How do we shift back to a continuous calendar?

Calendars are being finalized with the district, will have a better idea at the end of January.

Before COVID hit, the district was moving toward a more continuous calendar going forward.

### V. Principal Burnett

Has been a tough year for adults too!

Strategy #1

Self-care Practice for Educators - Breathe for Change -

(parents are educators too!) - reminders “Just like me, this person...”

### Strategy #2

Adult Weekly Commitment Calendar - goal setting - focus on what you can do to be of service to others, yourself, be grateful

### Strategy #3

Equity Course for Educators - 7 mindsets - difference between equity and equality - has some information on red-lining in Des Moines in particular

### Strategy #4

Body Scan for Educators - Create - 9-minute mindfulness practice - control your breathing

#### a. Social Emotional Learning

#### VI. Mrs. Coppinger

Parenting with Love and Logic program, Jan 20 - Feb 24 - Wednesdays 5:30 -7:30.

Panorama - 15 Social -Emotional Learning Interventions -

-2 x 10 relationship building - 2 minutes with 2 people (child and parent), talk about life, share things not school related

-Empathy Exercise - ask self questions about how others are feeling

-Self-Talk Superhero - phrases - that can help kids persevere

-Good News - what was you highlight of the weekend

-Bear Belly Breathing - “hot chocolate breath” - Rainbow breathing - thinking through the rainbow and all the colors and how they relate to people in their life.

Mr. Burnett - made his phone boring, removing all social media, in order to engage more with those around him

Talked about anxiety and relaxation activities, going back over all the exercises from previous years. Exercise and listening to music for older kids. Went over several mantras last year, what went right. What are some good examples of good self-talk. Rose analogy - stem, thorn, petals.

### **Equity Discussion**

-Des Moines partnership and DSM magazine - “lifting the veil” have pieces on equity

-United Way had a 21-day equity challenge -  
<https://www.unitedwaydm.org/equity-challenge>

### **New Road Construction Proposal in Front of Building**

-May have city planners come and discuss the locust/grand proposed changes. Potential for a large green space.

**QUESTION:** School resource officers? Has it been discussed?  
There should be a survey sent out about that.

**QUESTION:** What is being done curriculum-wise on equity?  
EL education base model talking about more viewpoints perspectives

ADJOURN - 20:13

### **PTA Leadership Board 2020-2021 School Year**

Amber Johson (President)

Mike Stange (Co-Secretary)

Tyler Kamerman (Vice President)

Lisa Munger (Co-Secretary)

Abby Darrington (Co-Treasurer)

Jessica Kamerman (Communications)

Rachel Spiller (Co- Treasurer)

Torrey Johnson (Technology)

Deena Munroe (Co-Parent Volunteer Coordinator)

Rob Burnett (Principal)

Amy Licht (Co-Parent Volunteer Coordinator)

Heather Ann Roe (Co-Special Events)

**Join us for upcoming meetings via Google Meet: February 8th, & May 12th.**